

# EXPLORE ENGAGE EXPERIENCE





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## ECOXPEDITION OVERVIEW

We have designed the EcoXpeditions as part of our global climate and ocean conservation outreach. The main focus is to provide a hands-on and immersive experience to initiatives around the world that are making a positive impact on climate resilience and ocean conservation. This has the power to change the perspectives of participants and evoke an appreciation for environmental stewardship.







# 2022 TRIPS

## January - March

- Baja, Mexico Whale Sharks
- Baja, Mexico Mini-X
- Big Island, Hawaii
- Cuba, Havana
- Lesvos, Greece
- Baja, Mexico Mini-X

Feb.6 - Feb.12

Feb.12 - Feb.15

Feb.20 - Feb.26

Mar.6 - Mar.12

Mar.20 - Mar.26

Mar.27 - Mar.30







# 2022 TRIPS

## April - June

- Oahu, Hawaii
- Baja, Mexico Manta Rays
- Baja, Mexico Mini-X
- Baja, Mexico Mini-X
- Galapagos
- Belize
- Baja, Mexico Sailing
- Baja, Mexico Manta Rays
- FL. Keys & Miami
- Costa Rica Golfo Papagayo
- Costa Rica Golfo Dulce
- Baja, Mexico Mini-X

Apr.3 - Apr.9

Apr.8 - Apr.14

Apr.23 - Apr.26

May.10 - May.13

May.11 - May.19

May.15 - May.21

May.19 - May.27

Jun.3 - Jun.9

Jun.3 - Jun.9

Jun.12 - Jun.18

Jun.20 - Jun.27

Jun.26 - Jun.29







# 2022 TRIPS

## July - September

- Big Island, Hawaii
- Lesvos, Greece
- FL. Keys & Miami
- Colombia
- Baja, Mexico *Manta Rays*
- Oahu, Hawaii
- Cabo Pulmo, Mexico
- Lesvos, Greece
- Maui, Hawaii

Jul.7 - Jul.14

Jul.18 - Jul.24

Jul.25 - Jul.30

Aug.8 - Aug.14

Aug.18 - Aug.24

Aug.24 - Aug.30

Sept.6 - Sept.12

Sept.13 - Sept.19

Sept.22 - Sept.28







# 2022 TRIPS

## October - December

- Baja, Mexico *Manta Rays*
- Cabo Pulmo, Mexico
- Baja, Mexico *Whale Sharks*
- Big Island, Hawaii
- Baja, Mexico *Marlin Magic*
- Galapagos
- Baja, Mexico *Mini-X*

Oct.10 - Oct.16

Nov.2 - Nov.8

Nov.9 - Nov.15

Nov.27 - Dec.3

Dec.5 - Dec.11

Dec.12 - Dec.18

Dec.17 - Dec.20





# Baja, Mexico

## Marlins ITINERARY

### DAY 1

Arrive at the airport, then organize transport (on your own) to Palapas Ventana Resort at La Ventana and resort check-in. Afternoon leisure at beach resort with amenities. Afternoon leisure followed by welcome presentation and dinner at resort.

### DAY 2

Welcome breakfast and presentation. Depart on boat to snorkel or scuba at Cerralvo Island in Sea of Cortez. Lunch, beach cleanup, back to La Ventana. Welcome local folkloric school dancers and dinner with whale shark presentation.

### DAY 3

Breakfast, depart for La Paz Bay whale shark snorkeling. Lunch at La Paz beach followed by light stroll through La Paz beach. Transportation with scenic drive to Magdalena Bay for 3 nights. Dinner and marlin presentation at Magdalena Bay.

### DAY 4

Breakfast at Magdalena Bay. Prepare to depart onboard to snorkel with marlin and magnificent live fish bait balls and visit to view birds and mangroves. Return for afternoon leisure and dinner.

### DAY 5

Breakfast at Magdalena Bay. Prepare to depart onboard to snorkel with marlin and magnificent live fish bait balls and visit to view birds and mangroves. Return for afternoon leisure and dinner.

### DAY 6

Breakfast, depart to La Ventana and Palapas Ventana Resort. Stop at private desert reserve for fossil hunt on the way to La Ventana. Afternoon leisure to enjoy the resort amenities (pool, hot tub and beachfront activities). Farewell Dinner.

### DAY 7

Breakfast with the group, trip wrap-up, then checking out of the resort and begin departure on shuttles back to the airport for flight back to the US (on your own).

Baja Mexico is home to hundreds of beautiful bird species that populate the many mangroves. Take some time to spot native birds in their natural habitat.



## Double Occupancy

**\$4200**

**INCLUDES:** Room accommodations, taxes, three meals daily, snacks and water on board watercraft, all activities and adventures as listed.

**NOT INCLUDED:** Flights to and from destination, airport transportation to and from resort, alcoholic drinks, food outside of three daily meals, any individual activity not listed in itinerary.





# Baja, Mexico

## Whale Sharks ITINERARY

### DAY 1

Arrive at La Paz or Cabo Airport, airport transportation (on own) to La Ventana, check in to the beachfront Palapas Ventana Resort. Afternoon leisure with resort amenities Welcome dinner and presentation.

### DAY 2

Welcome breakfast, presentation on Sea of Cortez and Cerralvo Island, scuba/snorkeling at Cerralvo Island. Lunch on private beach, beach cleanup, scuba/snorkeling afternoon. Depart to La Ventana, afternoon leisure, dinner with Folkloric dancers.

### DAY 3

Complimentary breakfast, depart to Cerralvo Island for scuba/snorkeling in the morning, see sea lions and rays and reef marine animals in the afternoon. Return to La Ventana and afternoon leisure at Resort. UABS Marine Science speaker at dinner.

### DAY 4

Complimentary breakfast, followed by SUP and shore snorkel and lunch at resort. Tree planting with local Community, cooking class for ceviche and tortillas with local chef. Dinner and presentation on whale sharks.

### DAY 5

Complimentary breakfast, depart to La Paz for whale shark snorkeling at protected bay. Lunch on beaches of La Paz, stroll and shopping on boardwalks of La Paz. Return to La Ventana, afternoon leisure at resort w/ amenities, dinner and discussion on whale sharks.

### DAY 6

Complimentary breakfast, La Paz for whale shark snorkeling at protected bay. Lunch on beaches of La Paz, stroll and shopping in La Paz in the afternoon. Return to La Ventana, farewell dinner and gratitude circle in the evening at Palapas Ventana.

### DAY 7

Farewell complimentary breakfast. Check out of Palapas Ventana Resort. Depart for airport (Resort can assist with setting up your airport transportations at your cost).

Sea lions and rays call the reef home among other sea life in and around Cerralvo Island.



## Double Occupancy

\$3999

**INCLUDES:** Room accommodations, taxes, three meals daily, snacks and water on board watercraft, all activities and adventures as listed.

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# Baja, Mexico

## Sailing ITINERARY

### DAY 1

Arrive La Paz or Cabo airport, transport (on own, with resort assisting in setting up airport transportation as needed) to charming town of La Ventana and check in to Palapas Ventana Resort, an eco-friendly beachfront resort. Welcome dinner and presentation.

### DAY 2

Welcome complimentary breakfast, depart by boat to snorkel or scuba at Cerralvo Island at Sea of Cortez. Transfer from boat to Liveaboard Catamaran at Cerralvo Island where the next 5 days will spent.

### DAY 3 - 7

Breakfast on board the boat every morning, then daily activities include sailing, scuba diving, snorkeling, and swimming with the local marine animals including sea lions, dolphins, rays, and much more. After aquatic activities, we'll hike through the many protected islands populating the Sea of Cortez, including Isla Espiritu Santo. Days will end with evening leisure activities and dinner.

### DAY 8

Breakfast in the morning, followed by a visit to the catamaran docks at La Paz, then depart by shuttle back to Palapas Ventana Resort in La Ventana. Evening activities will conclude with a farewell dinner and gratitude circle before going to bed.

### DAY 9

Farewell breakfast and final trip wrap-up in the morning. Afterwards, we'll be checking out of Palapas Ventana Resort, then taking shuttles to the airport for flight departures back to the US. Adios amigos!

Breakfast is served! Enjoy on-board breakfast accommodations to start each day off exploring the many beauties of the Sea of Cortez.



**Double Occupancy**

**\$4999**

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# Baja, Mexico

## Mini-X ITINERARY

### DAY 1

Arrive to Los Cabos International or La Paz Airport. Secure airport shuttle direct to resort, complimentary use of resort pool, hot tub and equipment (snorkels, surfboards, stand-up paddle boards, kayaks, bicycles). Welcome dinner and presentation with resort team.

### DAY 2

Breakfast, boat ride to snorkel or scuba at Cerralvo Island, search for giant manta rays, mobula rays, and dolphins. Coral reef, explore with playful sea lions. Return to resort, afternoon/evening leisure with full use of resort amenities, bicycles to explore the charming town of La Ventana, and ocean equipment as noted.

### DAY 3

Breakfast, transportation to La Paz to snorkel and swim with whale sharks and dolphins. Lunch and stroll after returning to La Paz. Return to La Ventana, afternoon and evening leisure with full use of resort amenities.

### DAY 4

Farewell breakfast and morning/afternoon leisure. Check out of Palapas Ventana Resort and secure airport transportation. (Resort team can assist with reservations.)

Cerralvo Island is a wonderful stop to watch giant manta rays, dolphins, sea lions, and other aquatic life among beautiful stretches of natural coral reef.



## Double Occupancy

**\$1999**

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# Big Island, Hawaii

## ITINERARY

### DAY 1

Arrivals to Big Island via Kona International Airport, lei greeting, airport pickup and transfer to Hawaii island resort. Kohala legends, lore cultural experience, and traditional blessings cultural experience at resort. Welcome reception and dinner.

### DAY 2

Welcome breakfast at resort, depart for whale watching cruise in Kailua-Kona area. Lunch at local restaurant, afternoon leisure to explore town of Hawi and return to resort. Hula performance and dinner at resort. Scuba divers blackwater dive after dinner.

### DAY 3

Breakfast, depart for snorkel/swim cruise adventure to Kealahou Bay and Captain Cook. Swim with spinner dolphins in protected cove. Lunch, stop in Kailua-Kona town for leisurely stroll and shopping. Return to resort, afternoon and evening leisure, group dinner.

### DAY 4

Breakfast, depart for snorkel/swim at Kahalu'u Beach in Kailua Kona, and then to beaches to see green turtles. Lunch at local spot, head to town of Waimea, return to resort. Depart for Dinner in Kailua Kona, followed by manta ray (optional) scuba and snorkel in the evening.

### DAY 5

Breakfast, depart for Hawaii Volcanoes National Park and Imiloa Astronomy Center OR. (optional) Scuba dive at Honaunau Bay next to Pu'u honua O Honaunau National Park (Place of Refuge). Lunch, then back for late afternoon walk/swim at Hapuna Beach and dinner.

### DAY 6

Breakfast, depart for Pololu's black sand beach, A-Bay for swimming, and snorkeling, lunch at Lava Lava Café. Afternoon leisure at Queen's Marketplace for a shop and stroll near Lava Lava Café, back to resort for afternoon leisure and farewell dinner.

### DAY 7

Farewell breakfast, check out of resort and departures to airport. A Hui Hou! (Until we meet again!)

Conceived by founding director George Jacob in 2001, the Imiloa Astronomy Center is home to an astronomy and cultural education center located in Hilo, Hawaii.



Double Occupancy

\$5999

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# Havana, Cuba

## ITINERARY

### DAY 1

Arrive at Cuba at Jose Marti International Airport with airport greetings and transfers to hotel. Welcome cocktail reception followed by welcome dinner with special guests from CIM to share about marine protection in Cuba.

### DAY 2

Welcome breakfast, briefing on history of Havana, guided walking tour of historical squares, engaging with artists, artisans, with lunch. Afternoon meeting with marine conservationists from FANJ. Dinner with guest speaker from University of Havana.

### DAY 3

Breakfast, hotel checkout, head to training workshop by ANC Marine Biologist. Overview of underwater monitoring of lionfish and other invasive species. Lunch and depart for Cienfuegos and check into Hotel La Union. Dinner with guest from CITMA.

### DAY 4

Breakfast, followed by visit to Playa Giron for underwater visual surveys in Punto Perdiz and Guasasa. Lunch with Dive at la Caleta Buena. Afternoon debriefing and data review. Dinner and evening at leisure.

### DAY 5

Breakfast at Hotel La Union. Visit to Playa Larga National Park, late morning underwater survey at Cueva de los Peces, lunch, and underwater survey at Playa Larga, evening dinner.

### DAY 6

Breakfast, check out of hotel and return to Havana. Visit to a Cuban community project followed by lunch and check in to Hotel Nacional in Havana. Farm to fork farewell dinner at El Divino with guest from the National Aquarium of Havana.

### DAY 7

Farewell breakfast and final briefing, check out of hotel and transfer for airport departures.

Pink Flamingos are known to live in the Playa Larga National Park.



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# Lesvos, Greece

## ITINERARY

### DAY 1

Arrival to the Mytilene International Airport, airport transfers out to settle in to the bungalows. Later in the night, there is an orientation that includes cocktails and a welcome dinner to follow.

### DAY 2

Welcome breakfast, travel to amphitheater, castle cultural tour and lunch. Visit archeological Museum of Mytilene, presentation with University of the Aegean and Lesvos Marine Biology Department, dinner and presentation for upcoming activities and evening leisure.

### DAY 3

Breakfast, two scuba or snorkel dives and excursion to Bay of Gera with snacks/water and lunch. Afternoon visit to olive oil farm, marine overview presentation, dinner and evening leisure.

### DAY 4

Breakfast, check out and travel to Petra. Morning scuba/snorkel, Lesvos Scuba Oceanic Center from Petra Beach with onboard lunch. Check into Petra hotel, cultural site tour, optional ouzo tasting. Afternoon marine overview presentation, dinner and evening leisure.

### DAY 5

Breakfast, then scuba and snorkel at West Hope Spot at Aviaki, then depart for Lesvos Island for fish identification. Onboard lunch, afternoon visit to Melostagma Honey Farm and dinner presentation.

### DAY 6

Breakfast, then depart for excursion for biking and bird watching at wetland of Kalloni, lunch and visit to NGO Starfish Foundation or A Drop in the Ocean. Group wrap-up and farewell dinner.

### DAY 7

Farewell breakfast, morning leisure, check out of hotel and depart for airport.

It is believed that olive oil production on the island of Lesvos started in the Bronze Age. Lesvos enjoys a pleasant Mediterranean climate with hot and dry summers.



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# Maui, Hawaii

## ITINERARY

### DAY 1

Arrive at Kahului Airport Maui, airport transfers on own to Kaanapali Beach Resort, lei greeting upon arrival and check into resort. Afternoon leisure, meet in the evening for welcome presentation and dinner.

### DAY 2

Welcome breakfast and presentation, snorkel or optional scuba at Black Rock, day of cultural activities at resort. Swim, snorkel and sunbathe on the lovely white sands of Kaanapali. Dinner and presentation.

### DAY 3

Early breakfast and depart for Molokini Island and Turtle town for snorkeling or optional scuba diving tour 5.5 hours. Return to resort, afternoon leisure on beachfront resort, or other optional activities.

### DAY 4

Visit to Maui Butterfly Farm at Olowalu and local farm tour. Visit historic town of Lahaina for lunch, stroll and shopping. Afternoon leisure for swimming, snorkeling or optional scuba diving and sunbathing. Cultural activities at resort.

### DAY 5

Depart for island of Lanai for snorkeling and seeing dolphins. On-board breakfast, snacks and lunch for 5.5 hours in total. Return to resort, afternoon leisure, enjoy cultural activities at resort.

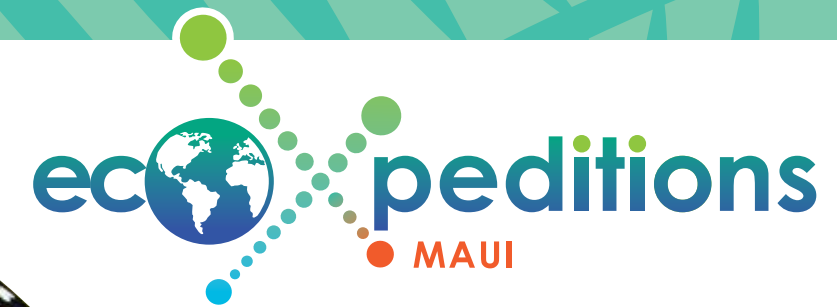
### DAY 6

Breakfast, depart for reef boat tour, or select optional all-day tours to Hana, Haleakala or Helicopter Tours. Return to resort, afternoon leisure for final day of strolling, shopping, swimming, snorkeling, or sunbathing at ocean-front resort. Farewell evening presentation and dinner.

### DAY 7

Farewell breakfast, morning leisure, check out of hotel and depart for airport.

Take a helicopter tour, soar above beaches, jungle terrain, waterfalls, a rain forest, and even the dormant volcano Haleakala.



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# Oahu, Hawaii

## ITINERARY

### DAY 1

Arrive at Honolulu International Airport in Oahu. Shuttle to resort, welcome greeting with flower lei, welcome dinner with overview of program, evening leisure in Waikiki.

### DAY 2

Welcome breakfast, Native Hawaiian activity at Kapiolani Park in Waikiki. Morning and afternoon beach activities: snorkel, swim, outrigger canoeing at Waikiki Beach with lunch. Dinner and live entertainment in Waikiki.

### DAY 3

Breakfast, head south to shark cove. Scuba, open water dive, and snorkel with lunch at beachside lunch trucks, cultural exchange with Polynesian Voyage Society in the tradition of Wayfaring, dinner at Polynesian Cultural Center.

### DAY 4

Breakfast, Coral Restoration Lab visit, snorkel at Sand Island, lunch, open water dive, swim/snorkel at Kewalo Basin, oceanfront dinner at Hau Tree, evening leisure in Waikiki.

### DAY 5

Breakfast, scuba diving departing from Kewalo Basin. On-board lunch, then visit to Hawaiian Loko Pa'aiau fish pond to learn about sustainable and traditional aquaculture in Aiea. Dinner and live entertainment in Waikiki.

### DAY 6

Breakfast, Kaneohe taro fields, lunch, expedition to Moku o Lo'e, Coral Nursery for lab work, snorkel at Coconut Island, farewell dinner, live entertainment, evening leisure at Waikiki.

### DAY 7

Farewell breakfast, morning beach stroll, shopping, and snorkeling in Waikiki beach before departure to airport. Hana Ho! (Hawaiian for "until we meet again!")

Snorkel by the great Diamond Head crater at Kewalo Basin to get a glimpse at Hawaiian green sea turtles.



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# Galapagos

## ITINERARY

### DAY 1

Arrival on Baltra, public transport to the Itabaca Channel. Visit Los Gemelos, lunch, travel to Puerto Ayora, private speed boat to Floreana. Afternoon hike, check into lodge, walking tour, snorkel/swim, back to lodge, orientation and dinner with discussion circle on marine conservation.

### DAY 2

Breakfast, depart to explore Floreana highlands, open-air bus to Asilo de la Paz, explore pirate caves. Return, drive to the coast, BBQ lunch. Return to lodge in the afternoon for snorkeling, and more. Dinner and overnight stay at Lava Lodge.

### DAY 3

Breakfast, transfer to Isabela Island, and check into hotel. Tour of the Tintoreras, snorkel in the bay, mingle with the wildlife. Return to hotel, afternoon walk. Afternoon leisure, dinner at hotel.

### DAY 4

Explore Isabela Island, hiking starting with a hike up the crater of the Sierra Negra volcano, then to the rim of the Volcan Chico. Picnic lunch, return to hotel for afternoon relaxation at Puerto Villamil beaches.

### DAY 5

Wall of Tears and kayaking, paddle to Island Bay. Lunch, afternoon Wetlands Trail bike ride to see marine iguana colonies and mangrove trees. Visit local swimming hole for swimming and snorkeling, then back to hotel for dinner.

### DAY 6

Land of Tortoises: Speedboat to Santa Cruz Island, breakfast, sport activities in the highlands. Drive to the mountains, mountain bike ride down to the beach. Sea kayaks in the bay, lunch, travel to Puerto Ayora for the day. Mellow night at Puerto Ayora.

### DAY 7

Farewell breakfast, followed by a morning visit to the Charles Darwin Research Center, then transfer to Baltra for our return flight back to mainland Ecuador. Until we meet again!

The Galapagos supports 25 native species of reptile and early on Charles Darwind labeled the islands a “paradise for reptiles.



## Double Occupancy

\$7999

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# Belize

## ITINERARY

### DAY 1

Belize arrival, airport transfers to Belize City to settle in to the Princess Ramada Hotel for hotel-check in. Later in the evening, welcome dinner and program with TASA and EcoXpeditions.

### DAY 2

Welcome breakfast and briefing, depart for Belize Wildlife Sanctuary and Zoo for educational tour. Lunch in city, then off to cave tubing or ziplining. Dinner and dive preparation meeting by TASA.

### DAY 3

Breakfast, early departure by boat to Turneffe. Visit underwater protected areas. Presentation by park rangers on fishing and enforcement. Lunch and participate in seaweed farming nursery with lecture. Dinner, evening leisure.

### DAY 4

Early morning walk and presentation in the littoral mangrove forests of Calabash Caye, documenting birds and more. Climb up to observatory with views of lagoon to reef. Breakfast leisure, Dive #1 and #2 at Calabash. Lunch and dinner, followed by evening leisure.

### DAY 5

Breakfast, diving in Turneffe with TASA Marine staff. Atoll diving to many of the underwater wrecks. Lunch at Calabash, followed by Dive #2 at West Wall. Back to hotel, leisurely walk to farewell dinner and campfire on Calabash Caye.

### DAY 6

Farewell breakfast, checkout and transport from Calabash Caye to Belize City. Discussions with TASA, evaluations and presentations. Wrap up circle and gifts followed by hosted sail with leisure time for shopping and lunch in the city. Farewell dinner in Belize with EcoXpeditions.

### DAY 7

Breakfast, check out of hotel, transportation to Belize International for final departure. Belize wishes you safe travels!

Snorkel among some of the most breathtaking coral reefs in Calabash Caye.



## Double Occupancy

# \$6999

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# Florida Keys, Miami

## ITINERARY

### DAY 1

Arrive in Miami, visit Frost Science for behind-the-scenes tour, session on South Florida conservation efforts, check into hotel, marine conservation session, welcome dinner, evening leisure.

### DAY 2

Welcome breakfast, drive to Key Largo, session on lionfish biology, ecology, collecting and handling. Two scuba or snorkel dives at Quiescence Dive Center with onboard lunch. Marine conversation session back at hotel, dinner and evening leisure.

### DAY 3

Breakfast, visit mote in the Keys to see coral restoration work, where we will have lunch onboard the boat. Boat day followed by afternoon leisure and dinner at the hotel.

### DAY 4

Breakfast and checkout of hotel, transport back to Miami, collection of sea urchins/ dive Frost Science or Divers Paradise vessel and urchin relation project with lunch. Check-in at Miami hotel, marine conservation session in the afternoon, dinner and evening leisure.

### DAY 5

Breakfast and visit 100 YOH for Restoration Day. Two dives or snorkel from Divers Paradise vessel to visit South Florida restoration site and continue relocation of sea urchins from previous day. Onboard lunch, marine conservation session, dinner and evening leisure.

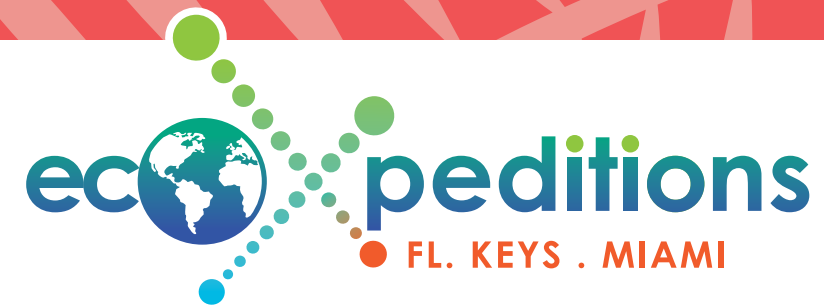
### DAY 6

Breakfast, MUVE shoreline restoration project to remove non-native animals and plant native species, with lunch. Cultural exchange with guest speaker, marine conservation session, farewell dinner and evening leisure.

### DAY 7

Farewell breakfast in the morning followed by hotel checkout and departure for airport.

Learn about native plant species as guest speakers discuss ways to maintain local ecosystems.



## Double Occupancy

# \$5500

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# Golfo De Papagayo, Costa Rica

## ITINERARY

### DAY 1

Arrivals to San Jose International Airport in Costa Rica. Airport transport to San Jose hotel and check-in. Meet with AltruVistas Expedition Director Ricardo Valverde on ecotourism in Costa Rica. Welcome dinner with SINAC, National System of Conservation Areas Costa Rica.

### DAY 2

Breakfast, training workshop with Cocos Island for overview of shark and ray identification, environmental and biological data and shark counts, lunch and city tour of San Jose, transfer to hotel in Playas del Coco, dinner and evening leisure.

### DAY 3 - 4

Breakfast and morning leisure, two scuba dives or snorkeling daily with onboard lunch at Papagayo Gulf for 2 days, shark and ray data collection and analysis, lunch onboard, afternoon leisure, followed finally by dinner.

### DAY 5

Breakfast, then depart to participate in shark tagging expeditions in Papagayo Gulf with lunch on board included. Followed by dinner and evening leisure to end the day.

### DAY 6

Breakfast, check out of hotel and depart for Arenal Volcano. Lunch, hiking and learning about unique microclimates and terrestrial biodiversity. See sloths, tree frogs, monkeys and more. Enjoy geothermal hot springs, check-in at hotel, dinner.

### DAY 7

Breakfast, morning eco-activities of horseback riding and hiking and visit to Wildlife Rescue Center. Check out of hotel, return to San Jose, check-in to San Jose hotel, farewell dinner and celebration!

### DAY 8

Farewell breakfast, check out of hotel, then organize departures to San Jose International Airport for travel back to the US.

Be apart of concervation efforts to keep shark populations healthy and growing by tagging and identifying sharks and rays.



## Double Occupancy

**\$5999**

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# Golfo Dulce, Costa Rica

## ITINERARY

### DAY 1

Arrive at San Jose International Airport in Costa Rica, check-in at hotel. Meet with EcoXpeditions Director Angelina Preza and Ricardo Valverde, biologist and geographer on ecotourism in Costa Rica. Dinner with special guest from SINAC.

### DAY 2

Breakfast, training workshop with Cocos Island for overview of shark and ray activities. Lunch and city tour of San Jose, check out of hotel and sort flights to El Golfito. Check-in to hotel, dinner with presentation on Golfito, evening leisure.

### DAY 3 - 4

Breakfast, work closely with Mission Tiburon organization on incredible tagging expeditions to the hammerhead shark sanctuary and surrounding areas. Dinner presentation on hammerhead sharks and evening leisure.

### DAY 5

Breakfast, actively explore diverse coastal marine ecosystems of Golfo Dulce, learning about wetlands and coral. Participate in workshop for underwater monitoring, shark and ray identification, environmental and biological data, shark counts and individual size estimation.

### DAY 6

Breakfast, then prepare for two scuba and snorkel dives with onboard lunch included. Gather in the afternoon for discussion and analysis of data gathered, followed by evening dinner.

### DAY 6

Breakfast, followed by morning leisure and lunch, check out of hotel and depart for airport back to San Jose. There, we will meet with the Costa Rica Wildlife Foundation in the afternoon. Farewell dinner and celebration!

### DAY 7

Farewell breakfast, morning leisure, check out of hotel, then make our departures to San Jose International Airport. Hasta Luego!

Collecting valuable data on many of the local sharks and rays helps conservation efforts to ensure these populations continue to thrive.



## Double Occupancy

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# Colombia

## ITINERARY

### DAY 1

Arrive in Bogota, airport transportation to hotel for check-in. Afternoon leisure to explore Bogota. Drink Colombian coffee at a charming street café, followed by welcome dinner and presentation.

### DAY 2

Welcome breakfast and presentation. Check out of hotel and head back to airport and fly to Leticia for lunch and presentation. Check-in at hotel, then head off to ziplining in the forest, return to hotel for dinner, followed by a guided night walk in the jungle.

### DAY 3

Breakfast and local presentation, then head to the Tacana for traditional lunch/canoeing with the villagers, then a visit to local Chagra community gardens. Dinner, followed by fishing with the locals or leisure.

### DAY 4

Breakfast and presentation followed by walk through the village to meet with the local villagers. Visit Yahuaracaca lakes to kayak through lush vegetation with wildlife. Lunch, then a visit to the Victoria Regia's Natural Reserve.

### DAY 5

Breakfast, then visit Puerto Narino. See the Natutama Interpretive Center to learn about the conservation and ecological efforts developed in the Amazon. Spot pink dolphins and swim in the Tarapoto lake.

### DAY 6

Breakfast, and check out of hotel and return to Leticia to fly back to Bogota. Afternoon leisure to shop, stroll and enjoy the city of Bogota.

### DAY 7

Farewell breakfast, trip wrap-up, followed by checking out of the hotel and returning to airport for departures. Until next time!

Enjoy countless ways to immerse yourself in some of the most lush jungle environments in Central America by taking a slow boat cruise or a speedy zipline ride.



## Double Occupancy

# \$4999

**INCLUDES:** Room accommodations, taxes, airport transportation to and from resort, three meals daily, snacks and water on board watercraft, all activities and adventures as listed.

**NOT INCLUDED:** Flights to and from destination, alcoholic drinks, food outside of three daily meals, any individual activity not listed in itinerary.





# Cabo Pulmo, Mexico

## ITINERARY

### DAY 1

Arrive at Los Cabos International Airport and transfer to Cabo Pulmo with scenic drive. Check into hotel, welcome drinks and presentation, afternoon leisure, welcome dinner and presentation.

### DAY 2

Welcome breakfast in the morning, followed by workshop about marine protected areas and underwater assessments. After, we will have a discussion on dive plans for the following day with lunch, followed by afternoon leisure and dinner.

### DAY 3

Breakfast, dive and snorkel at Cabo Pulmo Marine Park, with underwater visual surveys and onboard lunch and snacks. Afternoon dive/snorkel debriefing and data collection review. Dinner and evening leisure.

### DAY 4

Breakfast, dive and snorkel for underwater visual surveys and onboard lunch and snacks. Community outreach activity in the afternoon. Dinner with group, evening leisure.

### DAY 5

Breakfast, checkout of hotel and depart for beach town of La Paz, check into hotel and stroll through town, followed by lunch and tour of La Paz. Snorkel with whale sharks outside town of La Paz. Return to hotel for dinner, evening leisure.

### DAY 6

Breakfast in the morning, then depart for community village exchange and habitat restoration. Late morning activities will be followed by lunch, afternoon leisure, and the day closes with our farewell dinner.

### DAY 7

Farewell breakfast in the morning and small trip wrap-up followed by hotel checkout. Finally, the trip ends with our departure to the airport for flights back to the US.

The Whale Shark is a common visitor in Cabo Pulmo, Mexico. Get a chance to swim next to these majestic fish to truly get a glimpse at their beauty.



## Double Occupancy

**\$3999**

**INCLUDES:** Room accommodations, taxes, three meals daily, snacks and water on board watercraft, all activities and adventures as listed.

**NOT INCLUDED:** Flights to and from destination, airport transportation to and from resort, alcoholic drinks, food outside of three daily meals, any individual activity not listed in itinerary.





# EXPLORE

# ENGAGE

# EXPERIENCE



## OPTIONS

We offer special curated trips that are catered towards groups of 10-14 persons. We can modify any of our existing trips for your group depending on specific needs.

We offer diving certification and or Scuba Refreshers as well as snorkeling training prior to any expedition (or in some cases, on-site).

[www.aquariumofthebay.org/xpeditions](http://www.aquariumofthebay.org/xpeditions)

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